



## COMPREHENSIVE WELLNESS 4 - 150 FOOD PANEL

Almond	Amaranth	Apple	Apricot	Artichoke	Asparagus
Avocado	Baker's Yeast	Banana	Barley	Basil	Bay Leaf
Beef	Bell Pepper Mix (green, red, yellow and orange peppers)			Blackberry	Black Beans
Black Pepper	Black-Eyed Pea	Blueberry	Brewer's Yeast	Broccoli	Brussels Sprout
Buckwheat	Butternut Squash	Cabbage	Candida Albicans	Cane Sugar	Cantaloupe
Caraway	Carob	Carrot	Casein	Cashew	Cauliflower
Cayenne Pepper	Celery	Cherry	Chicken	Chickpea	Cinnamon
Clam	Clove	Cocoa	Coconut	Codfish	Coffee
Corn	Cottonseed	Cow's Milk	Crab	Cranberry	Cucumber
Cumin	Date	Dill	Duck	Egg White	Egg Yolk
Eggplant	Fig	Flaxseed	Fructose	Garlic	Ginger
Gluten/Gliadin	Goat's Milk	Grape	Grapefruit	Green Pea	Haddock
Halibut	Hazelnut	Honey	Honeydew Melon	Hops	Iceberg Lettuce
Kidney Bean	Kiwi	Lamb	Lemon	Lentil Bean	Lima Bean
Lime	Lobster	Malt	Mango	Millet	Mushroom
Mustard	Navy Bean	Nutmeg	Oat	Olive	Onion
Orange	Oregano	Oyster	Papaya	Paprika	Parsley
Peach	Peanut	Pear	Pecan	Peppermint	Pineapple
Pinto Bean	Pistachio	Plum	Pork	Psyllium	Pumpkin
Radish	Raspberry	Red Beet/Beet Sugar	Rice (Brown/White)	Rye	Safflower
Sage	Salmon	Sardine/Herring	Scallop	Sea Bass	Sesame
Shrimp	Snapper	Sole	Soybean	Spinach	Strawberry
String Bean	Sunflower	Sweet Potato	Tapioca	Tea	Thyme
Tilapia	Tomato	Trout	Tuna	Turkey	Turnip
Vanilla	Veal	Walnut	Watermelon	Wheat	Whey
White Potato	Yellow Squash				

## COMPREHENSIVE WELLNESS 4 - 20 FOOD ADDITIVES/COLORINGS

Aspartame	Benzoic Acid	Blue #1	Blue #2	BHA	BHT
Erythritol	Green #3	MSG	Polysorbate 80	Potassium Nitrate	Red #1 & Red #40
Saccharine	Sodium Sulfite	Sorbic Acid	Sucralose	Yellow #5 & Yellow #6	Xylitol